

## **Bodytheatre**

In this course we use the aesthetic expression of body - sensible work with mimic, gesture and body posture.

We use techniques from the Bodytheatre and the Mime

We develop and improve little scenes with exercises from the Improvisation theatre which were arranged at last for a whole presentation.

The Workshop is for beginners, the participant don't need any knowledge of theatre work.

If the participants like to, we can think of creating a presentation together with the storytelling workshop.

In diesem Workshop arbeiten wir mit der ästhetischen Kraft des Körpers – mit dem bewussten Einsatz von Mimik, Gestik und Körperhaltung.

Die Teilnehmer lernen Techniken aus dem Körpertheater und der Pantomime.

Mit Übungen aus dem Improvisationstheater entwickeln wir einzelne Szenen und arrangieren diese zum Schluss zu einer zusammenhängenden Präsentation.

Die Workshopteilnehmer benötigen grundsätzlich keine Vorkenntnisse oder Theatererfahrung.

Wenn die Teilnehmenden des Workshop es wünschen, kann die Abschlusspräsentation auch gemeinsam mit dem Storytelling-Workshop gestaltet werden.

## **The street is full of stories**

On the basis of a short story (preferably a folk tale or a joke) we will work on techniques to develop an individual dramaturgy, to free oneself from the text and give the story a biographical or contemporary note.

To present the story in a public space, we need a loud voice and creative ways of attracting the attention of the audience. We will train the voice and body expression. The voice and body of the performer guides through the story. The participants learn how to use mime and acting elements, choir and rhythm technics, voice, body percussion, beatboxing elements and pause to make the story "bigger" and call and response methods to deal with the audience in every moment.

As everybody can tell stories you don't need any qualification, but the desire to tell stories and listen to them. If you wish you can bring an own story, which should not be longer than 1-2 page/s. Folk tales or jokes are easier to tell than other stories. I will bring some short curdish traditional stories to work on.

The workshop language will be English with the assistance of a translator. You can tell the stories in your mother tongue.

If the participants like to, we can think of creating a presentation together with the bodytheatre workshop.